

PRESS RELEASE

VOLUNTEERS SOUGHT FOR NAKED CELEBRATION OF FEMALE FORM

Women of all ages, backgrounds, shapes, sizes, levels of fitness and ability are sought to perform naked in an ensemble dance celebrating the female form, as part of Nic Green's extraordinary, multi award winning show *Trilogy*. Performances will take place at BAC and the Barbican in January 2010.

Trilogy, one of the most talked about shows at Edinburgh Festival 2009, is a celebratory venture into modern-day feminism and examines and interrogates the joys and complexities of being a woman today whilst driving steadfast into the future with commitment and hope. Through narrative, debate, dance and song, the triptych challenges prevailing attitudes and prejudices. It begins by exploring women's relationships to their bodies, then reconstructs the infamous 1971 New York Town Bloody Hall debate before concluding with a joyous paean to womankind.

The first part ends with a high energy naked dance performed by the volunteers. It is a powerful and emotive moment, presenting the female form in an alternative, empowered way, and celebrating the difference and diversity of women. The performers will have taken part in workshop sessions beforehand, including an initial meeting to discuss the piece over tea and cake.

Green says: 'The performance and process is about women coming together, empowered in their own skins, to celebrate the very nature of who they are and all their differences. In the past it has been an incredibly fun and exhilarating performance to do and the process has been a truly transformative and empowering experience! I'm looking for anything over 30 people to make this happen.'

'If you come to the first session (which we will do fully clothed!) and decide you don't want to come back that is of course absolutely fine and we will fully understand. However if you feel at all interested I would urge you to come along and see what you think and how you feel.'

'On the other hand, if you feel completely up for a challenge and want to do something different, meet new people and make new friends in a new women's community, make a point or even just do some dancing for fun-brilliant!'

A past participant said: "I am very proud. It really was amazing and can be compared to no other experience."

The show, originally co-produced by Glasgow-based multi-arts venue The Arches and BAC, played to sell-out audiences at The Arches at St Stephens in Edinburgh and won the Arches Award for Stage Directors 2009 and a Herald Angel award. The revival of *Trilogy* is supported by *barbicanbite10*.

Performances take place at BAC (12th-16th January, 7pm) and Barbican Theatre (22nd & 23rd January, 7.15pm). For more information and tickets please contact BAC box office on: 020 7223 2223/ visit www.bac.org.uk or contact Barbican box office on 0845 120 7550/ visit www.barbican.org.uk

Anyone interested in finding out more can have an informal chat with Sally Rose on 020 7326 8260, or via email at sallyr@bac.org.uk.

'Sometimes you see a piece of theatre that makes your heart sing, makes you feel good about all of humanity, and makes you want to stand up and be counted. Nic Green's *Trilogy* is such a work.'

Lyn Gardner, *Guardian* ★★★★★

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